



Carmen María Montoto gestora y directora de Mc2. Graduada de la Universidad de PR con un bachillerato en Artes. A estudiado diseño, foto lectura, neuro aprendizaje, kinesiología y diversas modalidades de medicina alterna. Como instructora del Instituto Monroe (2003), de Alambraje (2008)[®] y de Brain Gym[®] (2009) a participando en conferencias y ofrecido talleres en diversas partes del mundo incluyendo Islandia, Méjico, Ecuador, Chile, Cuba y EUA.

Como miembro de la División Profesional del Instituto Monroe ha participado en diversas investigaciones con varias Universidades de PR para validar el efecto que tiene el sonido y el movimiento en el aprendizaje, en autismo y en la sanación. Colabora activamente en el proyecto de Tanatología de la Escuela de Medicina (Trauma).

Montoto ha participado activamente organizando conferencias, campamentos y proyectos relacionados con Educación Especial(Autismo, ADD), las artes, niños maltratados y en proyectos de transformación del Departamento de Educación. Por más de diez años dirigió, en verano, un taller de teatro para niños. Ha estado activa en la radio ya sea como invitada o en su programa radial.

Desarrollo el método de ALAMBRAJE[®] y ha ofrecido cursos de este en diversas escuelas, privadas y públicas en Puerto Rico y en el mundo.

Carmen María Montoto is the director of MC2. Graduated from the University of Puerto Rico with a BA in History of Art. She has studied Home Design, Photo Reading, Kinesiology, Adyurvedic Massage and diverse modalities of alternative medicine. As an Instructor for the Monroe Institute(2003),ALAMBRAJE[®] (2008)and Brain Gym[®] (2009) she has been invited to participate as a speaker and offer workshops in different parts of the world including Iceland, Ecuador, Chile, Mexico, Cuba and the USA

As a Member of the Professional Division of TMI, she has been involved in a diversity of research projects with several Universities in Puerto Rico to validate the effect of sound and movement in the brain to enhance learning and facilitate healing. Participates actively in the Thanatology project of the University Of Puerto Rico School Of Medicine (Trauma).

With Jacqueline Mast, organized the International Conference on Special Education in Puerto Rico. Carmen has participated as a speaker in many activities related to Autism and AD(H)D, presenting Hemi Sync[®] and Brain Gym[®] as useful tools to improve their cognitive functions and help them relax. Montoto has worked on transformational projects in the public school system to facilitate reading, writing skills and math and collaborated in a center for battered /abused children. For 10 years Carmen has created a Children's' Summer Theater Workshops using Metamusical[®]

She created "WIRING®" or ALAMBRAJE®, combining Hemi Sync, Brain Gym® Exercises, breathing techniques, positive affirmations and the arts to increase the learning skills, self-confidence and wellness of children. She has been actively involved in Radio talks.